

BALLYMONEY COMMUNITY RESOURCE CENTRE NEWSLETTER

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Everything is OH YEAH in Belfast.

The 'Causeway Giants' performed at the 'Oh Yeah Music Centre' in Belfast on Saturday 29th January 2011 from 11.00am to 2.00pm. This was an award ceremony hosted by UnLtd the current funder of this successful project. The event was to acknowledge not only the success of this project to date but to congratulate all those students for their hard work and commitment to the Ballymoney Community Resource Centre Rock School and also to acknowledge the special support from Paul McMordie of Ossia School of Music in Belfast who has tutored all the students from the onset. Alan McCandless whose idea it was to initiate the Rock School, received the UnLtd Sport Relief Award on behalf of the BCRC Rock School.



Angela Mulholland, Community Outreach Worker with BCRC and Alan's mentor throughout the project to date expressed her pride in the 'Causeway Giant's performance on the day.

'They all rose to the occasion, stole the stage and blew those in attendance away. Everyone enjoyed the whole performance which consisted of 'I'm Gonna Be' (500 Miles) by the Proclaimers, 'Chasing Cars' by Snow Patrol and 'Don't Stop Believin' which is a popular song by the American rock band Journey. 'The audience was singing and clapping along, everyone was buzzing.'

This award exists as a permanent endowment to support and develop the role of social entrepreneurs as a force for positive change in the UK. The BCRC Rock School will be re-commencing yet again on Saturday 19th February 2010 at the Ballymoney Community Resource Centre, 25 Ballymena Road, Ballymoney, Co Antrim, BT53 7EX from 2pm to 5pm.

If you have any queries or need any more information, please do not hesitate to contact Angela/Zoe at BCRC on 028 2766 5068 or 0791 4048787.

**BALLYMONEY COMMUNITY NETWORK MEETING:
TUESDAY 22nd FEBRUARY 2011 AT 10:30AM**



Community Bridges Programme

Ballymoney Community Resource Centre are currently implementing a new programme within the local area which has been funded by the International Fund for Ireland, Building Foundations – Community Bridges Programme.

The programme will offer the local community a complete package of community relation support and capacity building and will contribute to the development of both rural and urban communities by encouraging integration and bridging and bonding social capital.

Activities include; training, education and capacity building; A Parade and Pageant Programme looking at the history of celebrating traditions in the area; the setting up of a community fora; Shared History Shared Future projects and an arts based programme looking at the impact of memorials and commemoration. There will also be opportunities for meaningful community dialogues and an opportunity for community groups to take ownership of a community relations initiative of their own.

This is a three year programme which will be operating in Ballymoney, Coleraine and Moyle Council areas. For more information on the programme contact our staff team at ballymoney Community Resource Centre on 028 27665068 or email info@ballymoney.co.uk

Promoting Your Group.

As well as the many services which we currently provide our members we are now offering the opportunity for you to promote your group and its activities through either our website www.ballymoneycrc.org.uk or the Network Newsletter.

BCRC Website

Work is currently being carried out on updating the BCRC website. As well as containing up to date information on our current programmes, possible funding opportunities and a news & events section, we would also like our subscribed members to avail of the Community Network section where a group can have their own webpage within our site to promote their organisation. The internet is increasingly being used as a research tool for potential members and funders and this opportunity will give your group a hassle free internet presence.

Network Newsletter

Does your group have any news articles or details of upcoming events or activities which you would like included in the next edition of the Network Newsletter. You could promote a future fundraising event or let other network members know about a success story within your group or simply raise a matter which you think might be of interest to fellow members. If so, please forward any relevant information to Shauna at BCRC. Contact: 028 2766 5068 or email shauna.bcrc@hotmail.co.uk

We hold up half the sky!

Ballymoney Community Resource Centre and Kilcranny House are hosting a Conference "We hold up half the Sky" on **Friday 11th March 2011** from 9:00am til 2:30pm in the Magherabuoy House Hotel, Portrush. The event which will be celebrating International Women's Day will look at the challenges facing women from minority ethnic communities.

As well as launching the Future Communities Multi Cultural Quilt there will be Presentations and Workshops by: Bernadette McAlliskey, STEP, Ivy Ridge BIEF, Charo Lanao-Madden, Centre for Global Education. Belfast Islamic Centre and Chinese Welfare Association.

For more information or to book a place contact Adam at BCRC on 028 2766 5068 or Paddy at Kilcranny House on 028 7032 1816.

FUNDING



FESTIVAL GRANT FUNDING 2011

The Ulster-Scots Agency Festivals grant fund for 2011 will open on January 7 and close at noon on March 4, 2011.

Festival application forms will be available to download from their website www.ulster-scotsagency.com from noon on 7 January.

The Agency is also currently conducting a major consultation process to determine how best to improve funding for festival in 2012. Consultation documents are available from the Agency and groups who have been in receipt of festival funding in the past number of years should receive a copy by post. If your group does not receive a copy please contact your Development Officer or download an electronic copy from the website.

For further information contact Ulster Scots Agency on 028 90231113.



The
Community Foundation
for Northern Ireland

supporting people, strengthening communities, building peace

TURKINGTON FUND

The Turkington Fund is being established in recognition and celebration of the contribution of older people to our society. It aims to offer funding for locally based community projects that are run by, and for, older people.

Amount of funding available

Grants will generally range between £200 - £3000 maximum.

What the Fund will support

While not exclusive, the Fund welcomes applications that address:

- Activities to address shared concerns amongst groups of older people
- Activities that focus on the positive contribution of older people within the community
- Projects that enhance the active participation of older people in decision-making and policy influence
- Encouragement of older people to engage with a range of social, educational, health and cultural activities

Who can apply?

Priority will be given to those applications that show a clear involvement of older people in the design and delivery of a project. The project does not need to be new or particularly innovative in nature, but its programme must be realistic and clearly thought through. An emphasis will be placed on locally-based self-help groups that are working in disadvantaged areas.

Consideration of the applications

A Grant Selection Panel will consider applications and make recommendations to the Community Foundation for Northern Ireland Board of Trustees. **The decision of the Board of Trustees shall be final.** Groups that receive funding will be expected to provide a short report on the progress and impact of the project supported.

Next deadline for applications: 23rd February 2011 (Submitted to April meeting)

FUNDING

EDUCATION AND LIBRARY BOARD GRANT AID

The five Local Education and Library Boards have announced a deadline for registration and grant aid assistance for the forthcoming financial year.

All Local Voluntary Youth Service Units wishing to be considered for Registration and Grant Aid assistance for the financial year April 2011 to March 2012 are invited to make applications to the respective Education and Library Board Youth Section, on or before **Friday 25 February 2011**.

Each Education and Library Board is mandated to secure the provision, in its area, of adequate facilities and programmes for young people in the 4 - 25 age range.

In order to be registered a youth unit must:

- Have an appropriate constitution;
- Have an appropriate Child Protection Policy, with clear procedures meeting the minimum requirements of ELBs/ESA;
- Have appropriate insurance cover;
- Have appropriate financial arrangements;
- Provide assurances of the availability of appropriate leadership and a safe environment for children and young people;

Youth Service priorities include affirmative action to provide opportunities for marginalised young people, particularly those from areas of social need, and groups under represented in current provision.

Copies of the Registration and Grant-Aid Criteria for Local Voluntary Youth Groups can be downloaded from the website addresses below or obtained by contacting:

- NEELB Youth Department - 028 2566 2271 - www.neelb.org.uk . Copies can also be made available in alternative formats on request.

Healthy Heart Grant

The Healthy Heart Grant is part of the Healthy Lifestyle Initiative of Heart Research UK. Grants of up to £10,000 are available to community groups, voluntary organisations and researchers who are spreading the healthy heart message. They have funded more than £650,000 worth of grants around the UK and focus on innovative, original projects that are based around heart health.

The communities selected for Healthy Heart Grants must be within the United Kingdom. Applicants must be representatives of community and voluntary organisations or individuals conducting research unless otherwise approved in writing by the Charity.

The cost of travel may be included in a Healthy Heart Grant application provided it forms a necessary and integral part of the Healthy Heart project. The costs for attending meetings and conferences may also be included in a Healthy Heart Grant application provided the necessary supporting documentation is included in the application.

Any equipment bought must be used for that specific Healthy Heart project only, for the lifetime of that project.

For more information log on to www.heartresearch.org.uk/healthy_heart_grants.htm . The winter deadline for applications is 28 February 2011.

FUNDING

RURAL TRANSPORT FUND VOUCHER SCHEME

The Rural Transport Fund is pleased to announce the release of application packs for their Voucher Scheme in your area. These will cater for trips being made during the months of **April, May and June 2011**. The scheme allows groups to apply for a £100 voucher for one trip which they can use to subsidise part of their transport costs. These trips will be provided by an approved list of transport operators which will be enclosed within the application pack.

Applications are now open to groups in **all rural areas**.

Groups are eligible to apply to the scheme if;

- They are non-profit making.
- The majority of members are based in a rural area
- They have 17 or more people travelling

If successful the scheme will provide £100 towards the cost of your transport.

To request an application pack please contact Melanie Parker:

Address: Ports & Public Transport Division, DRD, Room 3-09 Clarence Court,
10-18 Adelaide Street, Belfast, BT2 8GB

Telephone: 02890 540620

Email: melanie.parker@drdni.gov.uk

**CLOSING DATE FOR RECEIPT OF COMPLETED APPLICATIONS IS 28TH FEBRUARY 2011
LATE APPLICATIONS WILL NOT BE ACCEPTED.**

WHY NOT CONSIDER JOINT APPLICATIONS UNDER THE BANNER OF A LEAD ORGANISATION/GROUP?

BIG LOTTERY FUND HEALTHY MINDS

Healthy Minds NI is a small grants programme with grants available up to £10,000, to improve the mental health of people in Northern Ireland.

Projects must meet at least one or more of these priorities:

- supporting activities that promote mental health and well-being
- supporting projects from organisations that work directly with people with mental health and well-being issues
- raising awareness of mental health and well-being issues

They want to fund projects under four main themes:

- Older people and isolation
- Adult mental health
- Alcohol and its effect on families
- Life changes and transitions

The outcome of the programme is to have improved mental health and well-being for people involved in funded projects. If you are a local organisation and your project meets the programme outcome and at least one priority and one theme of the Healthy Minds NI programme, then you can apply for between £500 and £10,000 for your project and there is a budget of £500,000 overall. If demand is high, preference will be given to projects that meet more than one priority.

Closing date: 31st March 2011

For more information log on to www.biglotteryfund.org.uk or Tel 028 9055 1455

TRAINING

Causeway Rural and Urban Network Practitioner Training February and March 2011

Non-Violent Crisis Prevention/Intervention

17th & 18th February 2011, Ballymena North Business & Recreation Centre, Ballymena

This one or two day course will equip staff with the strategies for safely de-escalating and diffusing situations where confronted with anxious or hostile behaviour, whilst protecting the therapeutic relationship with those in their care.

Blood Borne Viruses

23rd February 2011, Antrim Board Centre, Antrim

16th March 2011, Magherafelt Council Offices, Magherafelt

This training day will cover topics such as: What are Hepatitis/ viral hepatitis/ Hep A, B & C • The Liver • BBV Routes of transmission • Harm reduction • Prevention • Infection control • Referrals • Hepatitis C Testing • Diagnosis • Treatment (current and developmental) • Support • The myths and the truth about HIV • Disease progression • Testing treatment and prevention • Support

Legal Highs and Volatile Substances

23rd February, Tullyglass House Hotel, Ballymena

4th March, Templeton Hotel, Templepatrick

This one day seminar will be beneficial to any parent/guardian, community worker or practitioner who may have concerns/encounters the use of legal highs or volatile substances in the course of their life/work and wants to understand and respond more effectively to the unique needs of young people where there are such concerns.

Dual Diagnosis

2nd March, Holiday Inn Express, Antrim (Tier 3 & 4 Practitioners)

3rd March, Holiday Inn Express, Antrim (Open registration)

This training day will cover topics such as: • Recognise and describe a range of mental health problems • Describe some of the environmental factors that contribute to the development of severe mental health problems • List some of the psychological effects of street drugs • Debate the effects of cannabis on mental health • Demonstrate awareness of policy relating to drug use and mental health • Recognise possible treatment and care options for individuals with co-morbidity of drug use and mental health problems

Motivational Interviewing (2-Day Course)

28th & 29th March, Antrim Enterprise Agency, Antrim

Motivational Interviewing (MI) is an evidence-based clinical method for helping people change. It combines the client-centered counseling style of Carl Rogers with directive psychological methods to help clients increase motivation for change, resolve ambivalence, strengthen commitment, and carry through with behaviour change. Originally developed for helping people with alcohol/drug problems, MI is now being applied more widely in health care, criminal justice, rehabilitation and mental health settings.

These courses are free to those who work and/or live in the PHA's Northern area, which includes the local District Council areas of Antrim, Ballymena, Ballymoney, Carrickfergus, Coleraine, Cookstown, Larne, Magherafelt, Moyle and Newtownabbey.

This programme is funded the Public Health Agency (PHA) to provide a Northern wide substance misuse training programme for communities and practitioners in support of NDACT's Action Plan.

For further information and registration please contact Geraldine@crun.org

TRAINING

“Minding Me”

This is a personal development plan that will help participants to:

Raise Self esteem

Gain more confidence and control

Cope better with stress

Dates: Thursday 10th, 17th & 24th February
3rd, 10th and Wednesday 16th March

Time: 7:00pm to 9:00pm

Venue: West Bann Development Centre
8 Killowen Court Coleraine

To register please contact Causeway Volunteer Centre on 028 7035 8285 or email info@causewayvc.org Please note that there are only 12 places available on this course.



FREE TRAINING FOR OLDER ADULTS & SENIOR CITIZEN GROUPS

DIGITAL LOBBYING

Learn Digital Storytelling techniques to express your ideas, memories and experiences and tackle issues that matter. Digital Storytelling brings a modern twist to the ancient art of storytelling. By weaving image, music, narrative and voice together, digital tools bring a colourful and powerful dimension to real life stories.

This training is particularly aimed at adults over fifty years of age who would like to tell their own stories of personal experiences around ageing and or ageing issues. Participants will explore ways of telling stories in an exciting, engaging process whereby individual stories are developed in a participatory, supportive small group environment. No previous IT experience is necessary as participants will also learn the basic ICT tools to transform your verbal stories into digital format.

BASIC RADIO & TV INTERVIEW TRAINING

This one day workshop offers senior group representatives a unique opportunity to learn from real journalists about the issues involved in preparing for a successful interview on TV and or radio. The session will enable you to build on your skills and experiences to deliver your key messages clearly and effectively. The one day course is taking place on 9th February 2011 in Belfast.

For more information or booking of these courses contact Attracta on 028 9032 9718 or email attracta.cosgrove@wea-ni.com

TRAINING

NE PEACE III Programme 5a: Community Dialogue and Exchange

Community Change are running the following training opportunities in partnership with the NE PEACE III Partnership.

FREE TRAINING EVENTS

Course Title	Venues	Date & Time
Fundraising OCN Level 2	The Ramada Hotel PORTRUSH	11 th & 25 th March 2011 10:00 – 4:00
Migration OCN Level 2	The Bayview Hotel PORTBALINTRAE	15 TH & 22 ND Feb 2011 10:00 – 4:00
Migration OCN Level 2	The Tuulyglass House Hotel, BALLYMENA	9 th & 16 th March 2011 10:00 – 4:00

The fundraising training is suitable for:

- Anyone who completed Fundraising Level 1
- Anyone who applies for funding for their organisation or group.
- Staff and volunteers alike.

At the end of the fundraising Training the participant will:

- Access funding information from a variety of sources
- Understand the varied nature and guidelines of a variety of funders.
- Identify the ingredients of successful funding applications
- Know how to respond to questions on a basic funding application
- Know how to prepare a brief budget for a funding application.
- Explore sustainability issues for community groups in relation to funding.

The Migration Training is suitable for:

- Anyone who has an interest in migration issues.

At the end of the Migration Training the participant will:

- Understand what migration is and why people migrate.
- Understand important historic patterns of migration
- Recognise the categories of migrants
- Understand the rights that migrants have
- Understand the barriers to full participation faced by migrants.
- Understand the costs and benefits of migrants to host communities

If you would like to register for any of the above events please contact Aine on 028 9023 2587 or email aine.maguire@communitychange-ni.org

TRAINING

NE PEACE III Programme 5a: Community Dialogue and Exchange

Community Change are running the following training opportunities
in partnership with the NE PEACE III Partnership.

FREE TRAINING EVENTS

Course Title	Venues	Date & Time
Introduction to People's History	The Joey Dunlop Centre, BALLYMONEY	Running for 6 consecutive Tuesdays 8 th Feb – 15 th March 2011 7pm - 9pm
Peace & Conflict OCN Level 2	The Lodge Hotel COLERAINE	16 TH & 23 RD February 2011 10am – 4pm
Communication & Negotiation OCN Level 2	Radisson Roe Park Hotel, LIMA VADY	15 TH & 16 TH March 2011 10am – 4pm

At the end of the Introduction to People's History Training the participant will:

- Outline the basic story of the development of Unionism and Nationalism
- Outline the story of the Somme and the Easter Rising
- Use at least 3 different methods to explore the past.
- Use basic critical analysis to understand a piece of history
- Explore the meaning of history for contemporary identity
- Identify at least 2 aspects of learning about history

At the end of Peace and Conflict Training the participant will:

- Understand why conflicts occur
- Recognise different types of conflict
- Understand the history of conflicts
- Understand the similarities and differences between peace and processes
- Understand the human and financial costs of conflict

At the end of the Communication & Negotiation Training the participant will:

- Understand the key causes of personal and organisational conflict
- Appreciate the differing styles of dealing with conflict
- Summarise the negotiation process
- Appreciate what is involved in a basic negotiation
- Prepare and deliver a presentation and respond to questions.

If you would like to register for any of the above events please contact Aine on 028 9023 2587 or email aine.maguire@communitychange-ni.org

INFORMATION

Pensioners Parliament

The Northern Ireland pensioner's parliament will allow older people from across Northern Ireland to have their say on issues that matter to them. Organised by the Age Sector Platform, the Parliament will empower older people here to make their voice heard and we will ensure that it is listened to.

Local parliaments will take place during March and April 2011 and will ensure that older people's views from every county are represented.

Belfast	Friday 4th March 2011
Ballymena	Tuesday 15th March 2011
Derry/Londonderry	Friday 8th April 2011

Each event will take place between 10am and 3:30pm (Lunch will be provided)

Delegates from each local parliament will be elected to attend the Northern Ireland Pensioners Parliament Belfast on Wednesday 8th and Thursday 9th June 2011. This two day regional parliament will decide on the priority issues for older people across the province.

If you would like to attend your local Parliament, please contact Age Sector Platform by phoning 028 9031 2089 or emailing info@agesectorplatform.org. As spaces are limited booking in advance is essential.

Incredible Edible Cloughmills and the Food Hub

As part of an ongoing programme to reduce food waste in Cloughmills, the Incredible Edible Campaign promoted by the Community Action Team, is aiming to establish a "Cloughmills Food Hub" which will bring food growers, producers, retailers and consumers together to maximise the impacts of local food.

The incredible Edible Campaign hopes that by bringing all those involved and concerned together, Cloughmills will have one of the very few "Food Hubs" in Northern Ireland. The food hub is being developed as part of a programme funded by Rethink Waste.

To find out more about the programme and plans for future self sufficiency of Cloughmills and the development of an interactive map highlighting local producers in the area then contact Patrick Frew on natrickfrew@fsmail.net or 077865 27732.

CHILD PROTECTION TRAINING

Child Protection Training courses are being held over the next few weeks in Ballymoney. The Child Protection "Duty of Care" course will take place on Tuesday 15th February and Tuesday 22nd February 2011 from 9:30am til 4pm in WAVE Trauma Centre, Castlecroft Ballymoney. The cost per course is £20 per person. For more information call Janene at Causeway Volunteer Centre on 028 7035 8285.

Would you prefer to receive the newsletter by email.

**Contact Zoe on 028 2766 5068 or
email: zoe@ballymoneycrc.org.uk**